



Hawks Nest STEAM ACADEMY

SCHOOL COUNSELING PROGRAM NEWSLETTER



SHANDRAI SILVA, SCHOOL COUNSELOR

SEPTEMBER 2023

COUNSELOR MESSAGE

The 2023 -2024 school year has gotten off to a fabulous start! Students are actively engaged in learning, making meaningful connections and building 21st century skills. At Hawks Nest, the school counseling program will continue to offer individual counseling, small group counseling and classroom guidance. Thus far, students have learned about bucket filling and making their mark in classroom guidance. We're learning more about ourselves, becoming more self-aware and socially aware. Students will continue to explore character traits as well in classroom guidance. September's character trait is Respect.

This month, students will have an opportunity to participate in International Dot Day and Start with Hello Week. In recognition of Dot Day, we're also making our mark with a service project to collect items for the Ronald McDonald House.

Your feedback and input are welcomed! Please feel free to reach out to me with any ideas you may have. Here's to another great year together!

HOW TO SEE THE SCHOOL COUNSELOR

Classroom guidance classes every two weeks. Small group counseling and individual counseling by self-referral, parent referral, teacher referral, administrator referral or counselor initiated.

Contact school counselor, Shandrai Silva, at sosilva@gaston.k12.nc.us and/ or 704-866-8467.

Student Support Services @ the Nest



School Counselor: Shandrai Silva
School Social Worker: Diane Manning
School Nurse: Lauren Smith

PROMOTING CHARACTER EDUCATION "WE'RE SOARING WITH GOOD CHARACTER"

RESPECT

is the character trait of the month. Respect is showing high regard for authority, for other people, for self, for property and for country. Understanding that all people have value as human beings. How can respect be shown at school, work, home or in community?



You Can Use

Key concepts and themes reviewed and introduced in classroom counseling at the start of each school year.

Bucket Fillers

A Bucket Filler is loving, caring person who says and does nice things. We focus on being Bucket Fillers at school, home and in the community.



We explore how we can make their mark by helping to make this world a better place... using their talents and gifts to change the world; goal-setting and pursuing dreams.



INTERNATIONAL DOT DAY IS SEPT. 15TH - WEAR DOTS
MAKE YOUR MARK SERVICE PROJECT IS SEPTEMBER 11TH - 15TH:
COLLECTING MAC & CHEESE INDIVIDUAL CUPS, INDIVIDUAL CEREAL BOXES/BOWL, CARD GAMES AND ADULT/TEEN COLORING & ACTIVITY BOOKS.



START WITH HELLO WEEK
SEPTEMBER 18-22ND